

### Girls' Varsity Lacrosse

Day	Date	Opponent	Time
Mon	Apr 5	@ Dracont HS	3:30 PM
Wed	7	@ Cambridge R&L	4:00 PM
Fri	9	@ Peabody HS	3:30 PM
Mon	12	Medford HS	4:00 PM
Wed	14	Salem HS	4:00 PM
Thr	15	Dracont HS	3:30 PM
Tue	20	Lowell Catholic	11:00 AM
Wed	21	Arlington Catholic	10:00 AM
Mon	26	Lowell Catholic	4:00 PM
Fri	30	@ Shawsheen Tech	3:30 PM
Wed	May 5	Peabody HS	3:30 PM
Thr	6	@ Arlington HS	3:30 PM
Mon	10	@ Medford HS	3:45 PM
Wed	12	Cambridge R&L	4:00 PM
Thr	13	Shawsheen Tech	3:30 PM
Mon	17	@ Salem HS	3:30 PM

Home Games Played: Essex Aggie Field

Head Coach: Farah Lalli

### Freshmen Baseball

Day	Date	Opponent	Time
Mon	Apr 12	@ N. Reading HS	3:45 PM
Tue	13	Shawsheen Tech	3:45 PM
Wed	21	@ Gr. Lawrence Tech	10:00 AM
Tue	27	Lynnfield HS	3:30 PM
Thr	29	N. Reading HS	3:45 PM
Sat	May 1	@ Shawsheen Tech	11:00 AM
Tue	4	@ Masconomet Reg HS	3:45 PM
Wed	5	@ Whittier Tech	3:30 PM
Sat	8	@ Shawsheen Tech	11:00 AM
Tue	11	@ Whittier Tech	3:30 PM
Thr	13	Gr. Lawrence Tech	3:30 PM
Tue	18	@ Whittier Tech	3:30 PM
Sat	22	Lynnfield HS	10:00 AM

Home Games Played: North Shore Tech

JV Head Coach: Chris Xerras

Follow North Shore Tech/ Essex Aggie Sports online at:

[www.highschoolsports.net](http://www.highschoolsports.net)

Go to: CO-OP NST/EA for all schedules and scores

### Girls' JV Lacrosse

Day	Date	Opponent	Time
Mon	Apr 5	@ Dracont HS	4:45 PM
Wed	7	@ Cambridge R&L	5:15 PM
Fri	9	@ Peabody HS	4:45 PM
Mon	12	Medford HS	5:15 PM
Wed	14	Salem HS	5:15 PM
Thr	15	Dracont HS	4:45 PM
Wed	21	Arlington Catholic	11:15 AM
Fri	30	@ Shawsheen Tech	4:45 PM
Wed	May 5	Peabody HS	4:45 PM
Thr	6	@ Arlington Catholic	4:45 PM
Mon	10	@ Medford HS	5:00 PM
Wed	12	Cambridge R&L	5:15 PM
Thr	13	Shawsheen Tech	4:45 PM
Mon	17	@ Salem HS	4:45 PM

Home Games Played: Essex Aggie Field

JV Head Coach: Mike Grace

### Freshmen Softball

Day	Date	Opponent	Time
Thr	Apr 8	@ Covenant Chris Acad	3:30 PM
Fri	9	St. Mary's - Lynn	3:30 PM
Mon	12	@ N. Reading HS	3:45 PM
Thr	15	Whittier Tech	3:30 PM
Fri	16	@ Shawsheen Tech	3:30 PM
Tue	27	Lynnfield HS	3:30 PM
Wed	28	Shawsheen Tech	3:30 PM
Thr	29	N. Reading HS	3:45 PM
Fri	30	Whittier Tech	3:30 PM
Tue	May 4	@ Masconomet Reg HS	3:45 PM
Wed	5	@ Whittier Tech	3:30 PM
Thr	6	Covenant Chris Acad	3:30 PM
Sat	8	@ Shawsheen Tech	11:00 AM
Mon	10	@ St. Mary's - Lynn	3:30 PM
Sat	22	Lynnfield HS	10:00 AM

Home Games Played: Essex Aggie Softball Field

JV Head Coach: Jillian Plante

# Essex Aggie Rams

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## N.S. Tech Bulldog

### Spring 2010

## Athletic Schedule



### Essex Agricultural & Technical H.S.

#### Superintendent

Mr. Roger Bourgeois

#### Principal

Mr. Gene Demsey

Assistant Principal

Mr. Peter Dolan

Athletic Director

Mr. Robert C. Lospennato

### North Shore Technical H.S.

#### Superintendent

Mr. Dan O'Connell

#### Principal

Ms. Mary Kroesser

Assistant Principal

Mr. Ray Harrington

Athletic Director

Mr. John Lynch

Boy's Varsity Lacrosse

Day	Date	Opponent	Time
Mon	Apr 5	Nashoba Tech	3:30 PM
Wed	7	Mystic Valley	3:30 PM
Sat	10	N. Reading HS	11:00 AM
Mon	12	Lynn Tech (Fraser Field)	7:00 PM
Wed	14	Northeast Voke	3:30 PM
Tue	20	Assabet Valley	11:00 AM
Wed	21	Georgetown	10:00 AM
Fri	23	N. Reading HS	11:00 AM
Wed	28	Minuteman Reg HS	3:30 PM
Fri	30	Shawshen Tech	3:30 PM
Mon	May 3	Nashoba Tech	3:30 PM
Wed	5	Mystic Valley	4:00 PM
Fri	7	Georgetown HS	3:30 PM
Mon	10	Assabet Valley	3:30 PM
Wed	12	Minuteman Reg HS	3:30 PM
Mon	17	Lynn Tech	3:30 PM
Wed	19	Northeast Voke	3:30 PM
Thur	20	Shawshen Tech	3:30 PM

Day	Date	Opponent	Time
Thur	Apr 8	P.M.A.	3:30 PM
Sat	10	Minuteman Reg HS	11:00 AM
Tue	13	Rockport HS	3:30 PM
Thur	15	Gr. Lawrence Tech	3:30 PM
Fri	16	Lynn Tech	3:30 PM
Tue	20	Northeast Voke	10:00 AM
Thur	22	Mystic Valley	10:00 AM
Tue	27	Chelsea HS	3:30 PM
Wed	28	Shawshen Tech	3:30 PM
Tue	May 4	Minuteman Reg HS	3:30 PM
Tue	6	Mystic Valley	3:30 PM
Tue	11	Whittier Tech	3:30 PM
Thur	13	Lynn Tech	3:30 PM
Mon	17	Gr. Lowell Tech	3:30 PM
Wed	19	Northeast Voke	3:30 PM
Thur	20	Rockport HS	3:30 PM
Tue	25	Chelsea HS	3:30 PM
Thur	27	Salem HS	7:00 PM

Varsity Softball

Varsity Baseball

Day	Date	Opponent	Time
Fri	9	Minuteman Reg HS	3:45 PM
Tue	13	N. Reading HS	3:30 PM
Thur	15	Gr. Lawrence Tech	3:45 PM
Fri	16	Lynn Tech	3:45 PM
Tue	20	Northeast Voke	10:00 AM
Thur	22	Mystic Valley	10:00 AM
Fri	23	Madison Park Voc Tech	9:00 AM
Tue	27	Chelsea HS	3:45 PM
Wed	28	Shawshen Tech	3:45 PM
Tue	May 4	Minuteman Reg HS	3:45 PM
Thur	6	Madison Park Voc Tech	3:45 PM
Mon	10	Gr. Lowell Tech	3:45 PM
Tue	11	Whittier Tech	3:45 PM
Thur	13	Lynn Tech (Fraser Field)	7:00 PM
Tue	18	Notre Dame - Lawrence	4:15 PM
Wed	19	Northeast Voke	3:45 PM
Fri	21	Notre Dame - Lawrence	4:00 PM
Tue	25	Chelsea HS	3:45 PM

Home Games Played: North Shore Tech  
Head Coach: Joe Balzarini

Home Games Played: North Shore Tech  
Head Coach: Paul Worth

Girl's JV Lacrosse

Junior Varsity Softball

Junior Varsity Baseball

Day	Date	Opponent	Time
Sat	Apr 10	N. Reading HS	12:30 PM
Tue	20	Assabet Valley	12:30 PM
Fri	23	N. Reading HS	11:00 AM
Mon	May 10	Assabet Valley	5:00 PM
Thur	20	Assabet Valley	4:45 PM

Day	Date	Opponent	Time
Thur	Apr 6	P.M.A.	3:30 PM
Fri	9	Notre Dame - Lawrence	4:15 PM
Tue	13	Rockport HS	3:30 PM
Thur	15	Gr. Lawrence Tech	3:30 PM
Tue	20	Northeast Voke	10:00 AM
Wed	28	Shawshen Tech	3:30 PM
Thur	29	Notre Dame - Lawrence	4:00 PM
Tue	May 11	Whittier Tech	3:30 PM
Wed	12	Gr. Lowell Tech	3:30 PM
Mon	17	Gr. Lowell Tech	3:30 PM
Wed	19	Northeast Voke	3:30 PM
Thur	20	Rockport HS	3:30 PM
Thur	27	Salem HS	4:40 PM

Home Games Played: Essex Aggie Field  
JV Head Coach:

Home Games Played: Essex Aggie/NS Tech  
JV Head Coach: Jim Smith

Day	Date	Opponent	Time
Thur	Apr 8	Covenant Chris Acad.	3:30 PM
Fri	9	Minuteman Reg HS	3:45 PM
Tue	13	N. Reading HS	3:30 PM
Thur	15	Gr. Lawrence Tech	3:45 PM
Fri	16	Lynn Tech	3:45 PM
Tue	20	Northeast Voke	10:00 AM
Fri	23	Madison Park Voc Tech	9:00 AM
Wed	28	Shawshen Tech	3:45 PM
Tue	May 4	Minuteman Reg HS	3:45 PM
Fri	7	Covenant Chris Acad.	3:30 PM
Mon	10	Gr. Lowell Tech	3:45 PM
Tue	11	Whittier Tech	3:45 PM
Thur	13	Lynn Tech	3:45 PM
Wed	19	Northeast Voke	3:45 PM

Home Games Played: North Shore Tech  
JV Head Coach: Tony Cardarelli